

# Singing Circle Hereford



# Chanting

## A devotional chanting and singing group

Lead by Karim (Mike)

in central Hereford (phone or email for more details)

One Fri (8 - 10pm) and two Thursdays in the month (11am-1pm)

see [www.karimandsusanne.co.uk/calendar.html](http://www.karimandsusanne.co.uk/calendar.html)

or join our email list for updates.

No set cost: Donations to the charity Children of Peace are invited.

Dates may vary. Get in touch for more info.

**About the group:** There is no need to be a 'singer' or have any musical training to enjoy singing in this way. All the songs will be taught orally. Many are simple but give a freedom to open our hearts and explore our voices in a non-judgemental environment. Improvisation and harmonisation are encouraged with the view that there is no such thing as a mistake. You also don't need to be particularly spiritual or religious beyond having a respect for the different spiritual traditions of the world.

**About Mike:** I love singing and know a wide variety of songs and chants gathered from camps, voice workshops, recordings, friends etc over the years. The openness of singing in this way helped me 'find' my own voice.

I am inspired by Bhajan/Kirtan singing, the songs of Chloe Goodchild, the Prana chants, Taize songs, Dances of Universal Peace, mantras and chants from different spiritual traditions and many other sources. To accompany the singing I play guitar or harmonium.

If you would like more information or to be on our contact list please get in touch with Karim(Mike) by email: [mikejhadden@gmail.com](mailto:mikejhadden@gmail.com) or phone: 01432 261222.