



Be Here Now

A day of
Dances of Universal Peace
with Karim and Susanne

Sat, 14th Oct 2017 10.30-4.30

Friends Meeting House, Hall Green,
Hamlet Rd & Stratford Rd, Birmingham B28 9BG

“Only that in you which is me can hear what I'm saying.”

“The most important aspect of love is not in giving or the receiving: it's in the being. When I need love from others, or need to give love to others, I'm caught in an unstable situation. Being in love, rather than giving or taking love, is the only thing that provides stability. Being in love means seeing the Beloved all around me.”

“A feeling of aversion or attachment toward something is your clue that there's work to be done.”

“Let's trade in all our judging for appreciating. Let's lay down our righteousness and just be together.”

~ *Baba Ram Das*

Beginners are very welcome. Every time we do a dance, we learn the words, and the movements and the melody from the beginning. You don't have to know anything to do this. We honour all the world's religions and peoples. The sacred, by every name, is our subject matter.

All welcome – no experience needed.

Bring vegetarian food to share for lunch.

Cost: £25

concessions: £15 - £25 sliding scale

No one turned away through lack of money

Next Dance Day: Nov 4th (a week earlier than usual)

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