



I Am Alive

A day of
Dances of Universal Peace
with Karim and Susanne

Sat, 13th Jan 2018 10.30-4.30

Friends Meeting House, Hall Green,
Hamlet Rd & Stratford Rd, Birmingham B28 9BG

“When I first open my eyes upon the morning meadows and look out upon the beautiful world, I thank God I am alive”
~ *Ralph Waldo Emerson*

“Piglet noticed that even though he had a Very Small Heart, it could hold a rather large amount of Gratitude”
~ *A.A. Milne - Winnie the Pooh*

“Dance, when you’re broken open. Dance, if you’ve torn the bandage off. Dance in the middle of the fighting. Dance in your blood. Dance when you’re perfectly free.”
~ *Rumi*

Beginners are very welcome. Every time we do a dance, we learn the words, and the movements and the melody from the beginning. You don't have to know anything to do this. We honour all the world's religions and peoples. The sacred, by every name, is our subject matter.

All welcome – no experience needed.

Bring vegetarian food to share for lunch.

Cost: £25

concessions: £15 - £25 sliding scale

No one turned away through lack of money

Next Dance Day: Feb 10th

info: Merle 02476 335287 merle@waitrose.com
Karim & Susanne 01432 261222 mikejhadden@gmail.com
website: www.karimandsusanne.co.uk